

SPORTS PHYSICAL CHECKLIST

Free Sports Physicals performed by our school district's physician will be held at Pemberton Township High School on Wednesday August 10th in the nurses' office. Registration and Pre-screenings will begin at 8:15 and the physicals will begin at approximately 9:30. Arrival no later than 9:15 is required in order to receive a physical. Buses will be provided on August 10th. Please check the district's website for pick-up times and locations. Departure from the high school will take place at 12:00. All district students entering grades 6-12 for the 2022-2023 school year are eligible to receive a sports physical. In preparation for the sports physicals being provided on August 10th, please carefully read all of the below and ensure that all of the below steps are completed:

- Registration and pre-screenings for the August 10th Sports physicals will begin at 8:15. Physicals will be held in the Pemberton Township High School nurse's office. Students must arrive no later than 9:15 in order to receive a sports physical.
- Sign-ups for the sports physicals may be done by completing an online Physical Sign-up sheet found on the PTHS Athletics Website. It is requested that you complete the sign-up sheet no later than Monday, August 8th. However, walk-ups will be accepted, provided that all necessary paperwork is entirely and accurately completed.
- A completed and signed pre-participation portion of the sports physical (page 1), along with your completed permission slip, must be submitted upon arrival on August 10th.
 - Pre-participation pages for students entering grades 9-12 must have both student and parent guardian signatures.
 - Pre-participation pages for students entering grades 6-8 only require a parent signature
- A copy of the state sports physical form as well as the required permission slip can be found on, and printed out from, the athletics tab found on the Pemberton High School website. Hard copies are also available in the high school's Main Office.
- Prior to arrival on August 10th, please ensure that:
 - *The student-athlete information portion at the top of page 1 of the sports physical form is accurate and complete.*
 - *All "yes" responses are adequately explained in the area provided to do so.*
 - *Both student-athlete and parent/guardians must provide a signature at the bottom of page 1 if the student will be participating in district sponsored High School athletics for the 2022-2023 school year. Middle school sports participation only requires parent signature on page 1 of the physical.*
- If necessary, print-out or pick-up additional medical paperwork such as the asthma treatment plan, epi-pen form, etc...please note that these forms cannot be completed by our school physician at the time of your sports physical. If these additional forms are necessary, they must be completed by your primary physician prior to any participation in athletics during the 2022-2023 school year.